



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SENEL, Deniz

Club: -

Number: 513

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:27:35

Speed: 9.25 km/h

Running performance: 6:29 min/km

Rank in course/Total: 192 (of 261)

Rank in course/Men: 169 (of 215)

Best time in course: 1:25:10

Rank in category: 28(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	Total km	Total Time	Total min/km			Pos Men	Behind Men
Lap 1	3.25	16:01	4:55	12	3:10	86	4:43	3.25	16:01	4:55	12	3:10	86	4:43
Lap 2	3.25	20:14	6:13	30	6:05	175	8:25	6.50	36:15	5:34	25	9:15	143	12:54
Lap 3	3.25	19:53	6:07	28	5:30	167	7:41	9.75	56:08	5:45	26	14:45	148	20:35
Lap 4	3.25	20:39	6:21	29	7:04	167	8:13	13.00	1:16:47	5:54	28	20:55	156	28:48
Lap 5	3.25	21:06	6:29	28	7:58	163	8:36	16.25	1:37:53	6:01	27	27:30	159	37:24
Lap 6	3.25	24:28	7:31	32	10:40	192	12:00	19.50	2:02:21	6:16	28	37:20	165	49:24
Last lap Finish	3.25	25:14	7:45	31	11:39	190	23:08	22.75	2:27:35	6:29	29	55:56	171	2:25:29