



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**HESSE, Michaela**

Club: -

Number: 393

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:28:01

Speed: 8.92 km/h

Running performance: 6:31 min/km

Rank in course/Total: 194 (of 261)

Rank in course/Women: 24 (of 46)

Best time in course: 1:46:29

Rank in category: 4(of 6)

Best time in the category: 1:50:18

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:48	6:24	5	5:25	31	7:37	3.25	20:48	6:24	5	5:25	31	7:37
Lap 2	3.25	20:35	6:19	5	5:08	28	6:23	6.50	41:23	6:21	5	10:33	30	14:00
Lap 3	3.25	21:48	6:42	5	6:11	29	6:55	9.75	1:03:11	6:28	5	16:44	30	20:55
Lap 4	3.25	21:23	6:34	4	5:51	24	6:07	13.00	1:24:34	6:30	5	22:35	28	27:02
Lap 5	3.25	21:29	6:36	4	5:44	25	5:44	16.25	1:46:03	6:31	4	28:19	26	32:38
Lap 6	3.25	20:47	6:23	4	4:40	19	4:40	19.50	2:06:50	6:30	4	32:59	25	36:46
Last lap Finish	3.25	21:11	6:31	4	4:44	22	5:36	22.75	2:28:01	6:30	4	37:43	24	41:32