



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MACHT, Beatrice

Club: Wartenberger SV

Number: 133

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 47:20

Speed: 11.41 km/h

Running performance: 4:51 min/km

Rank in course/Total: 42 (of 215)

Rank in course/Women: 4 (of 81)

Best time in course: 41:42

Rank in category: 1(of 14)

Best time in the category: 47:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:15	4:41	1	-	4	1:51	3.25	15:15	4:41	1	-	4	1:51
Lap 2	3.25	15:56	4:54	1	-	4	2:01	6.50	31:11	4:47	1	-	4	3:52
Last lap Finish	3.25	16:09	4:58	1	-	5	1:46	9.75	47:20	4:51	1	-	5	28:07