



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HELLER, Andre

Club: -

Number: 388

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:32:03

Speed: 8.68 km/h

Running performance: 6:41 min/km

Rank in course/Total: 205 (of 261)

Rank in course/Men: 177 (of 215)

Best time in course: 1:25:10

Rank in category: 27(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	20:18	6:14	26	8:14	184	9:00	3.25	20:18	6:14	26	8:14	184	9:00	
Lap 2	3.25	20:19	6:15	24	7:17	178	8:30	6.50	40:37	6:14	25	15:31	179	17:16	
Lap 3	3.25	20:34	6:19	24	7:19	175	8:22	9.75	1:01:11	6:16	25	22:50	175	25:38	
Lap 4	3.25	20:43	6:22	24	7:02	169	8:17	13.00	1:21:54	6:18	26	29:52	176	33:55	
Lap 5	3.25	22:20	6:52	25	8:34	175	9:50	16.25	1:44:14	6:24	26	38:26	175	43:45	
Lap 6	3.25	24:03	7:24	26	10:09	185	11:35	19.50	2:08:17	6:34	27	48:35	178	55:20	
Last lap Finish	3.25	23:46	7:18	26	10:18	178	21:40	22.75	2:32:03	6:41	27	58:41	179	2:29:57	