



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

ERTEL, Frank

Club: Mühlhäuser Laufwölfe

Number: 351

Course: 22.75 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 2:35:31

Speed: 8.49 km/h

Running performance: 6:50 min/km

Rank in course/Total: 213 (of 261)

Rank in course/Men: 184 (of 215)

Best time in course: 1:25:10

Rank in category: 10(of 14)

Best time in the category: 1:42:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	20:50	6:24	12	6:33	196	9:32	3.25	20:50	6:24	12	6:33	196	9:32	
Lap 2	3.25	21:06	6:29	11	7:03	190	9:17	6.50	41:56	6:27	11	13:12	193	18:35	
Lap 3	3.25	22:31	6:55	12	8:25	196	10:19	9.75	1:04:27	6:36	12	21:18	196	28:54	
Lap 4	3.25	21:53	6:44	11	7:22	184	9:27	13.00	1:26:20	6:38	11	28:40	192	38:21	
Lap 5	3.25	23:01	7:04	11	8:16	186	10:31	16.25	1:49:21	6:43	11	36:56	189	48:52	
Lap 6	3.25	23:25	7:12	9	8:13	177	10:57	19.50	2:12:46	6:48	11	45:03	189	59:49	
Last lap Finish	3.25	22:45	7:00	10	20:39	171	20:39	22.75	2:35:31	6:50	11	2:33:25	186	2:33:25	