



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**KAPPLER, Thomas**

Club: SG Indersdorf

Number: 408

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:40:37

Speed: 8.22 km/h

Running performance: 7:04 min/km

Rank in course/Total: 224 (of 261)

Rank in course/Men: 192 (of 215)

Best time in course: 1:25:10

Rank in category: 28(of 32)

Best time in the category: 1:33:22

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	20:16	6:14	24	8:12	182	8:58	3.25	20:16	6:14	24	8:12	182	8:58	
Lap 2	3.25	21:19	6:33	29	8:17	193	9:30	6.50	41:35	6:23	29	16:29	192	18:14	
Lap 3	3.25	22:08	6:48	29	8:53	193	9:56	9.75	1:03:43	6:32	29	25:22	191	28:10	
Lap 4	3.25	23:10	7:07	30	9:29	198	10:44	13.00	1:26:53	6:41	29	34:51	196	38:54	
Lap 5	3.25	23:41	7:17	29	9:55	193	11:11	16.25	1:50:34	6:48	28	44:46	194	50:05	
Lap 6	3.25	24:58	7:40	28	11:04	196	12:30	19.50	2:15:32	6:57	28	55:50	194	1:02:35	
Last lap Finish	3.25	25:05	7:43	27	11:37	189	22:59	22.75	2:40:37	7:03	28	1:07:15	194	2:38:31	