



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BEHRENS, Flipp

Club: Sportshop-Triathlon Team

Number: 607

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 2:43:49

Speed: 8.06 km/h

Running performance: 7:12 min/km

Rank in course/Total: 229 (of 261)

Rank in course/Men: 197 (of 215)

Best time in course: 1:25:10

Rank in category: 29(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Total	Total	Total	Pos	Behind	Pos	Behind	
	km	Time			min/km	Cat.								Cat.
Lap 1	3.25	20:47	6:23	30	8:43	193	9:29	3.25	20:47	6:23	30	8:43	193	9:29
Lap 2	3.25	23:12	7:08	30	10:10	206	11:23	6.50	43:59	6:46	30	18:53	204	20:38
Lap 3	3.25	23:58	7:22	30	10:43	204	11:46	9.75	1:07:57	6:58	30	29:36	202	32:24
Lap 4	3.25	22:27	6:54	28	8:46	192	10:01	13.00	1:30:24	6:57	30	38:22	202	42:25
Lap 5	3.25	22:28	6:54	26	8:42	177	9:58	16.25	1:52:52	6:56	29	47:04	199	52:23
Lap 6	3.25	24:42	7:35	27	10:48	194	12:14	19.50	2:17:34	7:03	29	57:52	198	1:04:37
Last lap Finish	3.25	26:15	8:04	29	12:47	195	24:09	22.75	2:43:49	7:12	29	1:10:27	199	2:41:43