



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

DR.SCHMIDT, Jens

Club: Seewolfjäger

Number: 342

Course: 22.75 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:43:27

Speed: 8.35 km/h

Running performance: 7:11 min/km

Rank in course/Total: 227 (of 261)

Rank in course/Men: 195 (of 215)

Best time in course: 1:25:10

Rank in category: 32(of 34)

Best time in the category: 1:39:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	20:53	6:25	33	8:02	200	9:35	3.25	20:53	6:25	33	8:02	200	9:35	
Lap 2	3.25	21:40	6:40	32	7:31	197	9:51	6.50	42:33	6:32	33	15:33	199	19:12	
Lap 3	3.25	21:50	6:43	32	7:27	188	9:38	9.75	1:04:23	6:36	33	23:00	194	28:50	
Lap 4	3.25	22:12	6:49	32	8:37	188	9:46	13.00	1:26:35	6:39	33	30:43	194	38:36	
Lap 5	3.25	26:03	8:00	32	12:55	203	13:33	16.25	1:52:38	6:55	32	42:15	197	52:09	
Lap 6	3.25	23:56	7:21	30	10:08	184	11:28	19.50	2:16:34	7:00	32	51:33	197	1:03:37	
Last lap Finish	3.25	26:53	8:16	33	13:18	198	24:47	22.75	2:43:27	7:11	33	1:11:48	197	2:41:21	