



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MICHLER, Harald

Club: TSV Wernfeld

Number: 145

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 47:43

Speed: 11.32 km/h

Running performance: 4:53 min/km

Rank in course/Total: 45 (of 215)

Rank in course/Men: 41 (of 134)

Best time in course: 36:45

Rank in category: 4(of 19)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:25	4:44	4	2:30	48	3:53	3.25	15:25	4:44	4	2:30	48	3:53
Lap 2	3.25	16:17	5:00	6	2:39	43	3:42	6.50	31:42	4:52	4	5:09	43	7:27
Last lap Finish	3.25	16:01	4:55	4	2:11	37	3:32	9.75	47:43	4:53	4	7:20	41	10:58