



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MICHLER, Harald

Club: TSV Wernfeld

Number: 145

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 47:43

Speed: 11.32 km/h

Running performance: 4:53 min/km

Rank in course/Total: 45 (of 215)

Rank in course/Men: 41 (of 134)

Best time in course: 36:45

Rank in category: 4(of 19)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 15:25 | 4:44 | 4 | 2:30 | 48 | 3:53 | 3.25 | 15:25 | 4:44 | 4 | 2:30 | 48 | 3:53 |
| Lap 2 | 3.25 | 16:17 | 5:00 | 6 | 2:39 | 43 | 3:42 | 6.50 | 31:42 | 4:52 | 4 | 5:09 | 43 | 7:27 |
| Last lap Finish | 3.25 | 16:01 | 4:55 | 4 | 2:11 | 37 | 3:32 | 9.75 | 47:43 | 4:53 | 4 | 7:20 | 41 | 10:58 |