



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

LINNARTZ, Isabel

Club: Sportshop-Triathlon Team

Number: 431

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 2:53:09

Speed: 7.88 km/h

Running performance: 7:37 min/km

Rank in course/Total: 236 (of 261)

Rank in course/Women: 35 (of 46)

Best time in course: 1:46:29

Rank in category: 6(of 6)

Best time in the category: 1:50:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:49	6:24	6	5:26	32	7:38	3.25	20:49	6:24	6	5:26	32	7:38
Lap 2	3.25	22:42	6:59	6	7:15	34	8:30	6.50	43:31	6:41	6	12:41	33	16:08
Lap 3	3.25	24:44	7:36	6	9:07	36	9:51	9.75	1:08:15	7:00	6	21:48	35	25:59
Lap 4	3.25	24:16	7:28	6	8:44	35	9:00	13.00	1:32:31	7:06	6	30:32	35	34:59
Lap 5	3.25	27:46	8:32	6	12:01	41	12:01	16.25	2:00:17	7:24	6	42:33	35	46:52
Lap 6	3.25	25:22	7:48	6	9:15	33	9:15	19.50	2:25:39	7:28	6	51:48	35	55:35
Last lap Finish	3.25	27:30	8:27	6	11:03	35	11:55	22.75	2:53:09	7:36	6	1:02:51	35	1:06:40