



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BÖTTGER, Katja

Club: Adidas Runners Hamburg

Number: 321

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:59:44

Speed: 7.34 km/h

Running performance: 7:54 min/km

Rank in course/Total: 239 (of 261)

Rank in course/Women: 36 (of 46)

Best time in course: 1:46:29

Rank in category: 4(of 6)

Best time in the category: 2:01:31

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	21:48	6:42	4	6:01	37	8:37	3.25	21:48	6:42	4	6:01	37	8:37
Lap 2	3.25	22:47	7:00	4	5:42	35	8:35	6.50	44:35	6:51	4	11:43	34	17:12
Lap 3	3.25	24:11	7:26	4	6:47	35	9:18	9.75	1:08:46	7:03	4	18:30	36	26:30
Lap 4	3.25	25:21	7:48	4	7:49	36	10:05	13.00	1:34:07	7:14	4	26:19	36	36:35
Lap 5	3.25	26:52	8:16	4	9:16	37	11:07	16.25	2:00:59	7:26	4	35:35	36	47:34
Lap 6	3.25	28:54	8:53	5	10:58	41	12:47	19.50	2:29:53	7:41	4	46:33	36	59:49
Last lap Finish	3.25	29:51	9:11	5	11:40	42	14:16	22.75	2:59:44	7:54	4	58:13	36	1:13:15