



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**DILLING, Daniela**

Club: -

Number: 629

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 2:59:53

Speed: 7.34 km/h

Running performance: 7:55 min/km

Rank in course/Total: 240 (of 261)

Rank in course/Women: 37 (of 46)

Best time in course: 1:46:29

Rank in category: 5(of 9)

Best time in the category: 2:05:01

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
						Pos Women	Behind Women	km	Time					
Lap 1	3.25	21:22	6:34	5	4:19	34	8:11	3.25	21:22	6:34	5	4:19	34	8:11
Lap 2	3.25	24:14	7:27	5	6:45	37	10:02	6.50	45:36	7:00	5	11:04	37	18:13
Lap 3	3.25	26:08	8:02	6	8:20	40	11:15	9.75	1:11:44	7:21	5	19:24	37	29:28
Lap 4	3.25	26:30	8:09	5	8:26	38	11:14	13.00	1:38:14	7:33	5	27:50	37	40:42
Lap 5	3.25	26:49	8:15	5	8:40	36	11:04	16.25	2:05:03	7:41	5	36:30	37	51:38
Lap 6	3.25	27:17	8:23	5	8:52	38	11:10	19.50	2:32:20	7:48	5	45:22	37	1:02:16
Last lap Finish	3.25	27:33	8:28	5	9:30	36	11:58	22.75	2:59:53	7:54	5	54:52	37	1:13:24