



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

VAN GENECHTEN, Benny

Club: JMT Mol

Number: 812

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:04:17

Speed: 13.67 km/h

Running performance: 4:22 min/km

Rank in course/Total: 5 (of 168)

Rank in course/Men: 5 (of 144)

Best time in course: 2:45:49

Rank in category: 2(of 26)

Best time in the category: 2:51:32

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:54	4:35	4	2:48	25	4:00	3.25	14:54	4:35	4	2:48	25	4:00
Lap 2	3.25	14:00	4:18	2	1:25	10	2:13	6.50	28:54	4:26	2	4:13	15	6:13
Lap 3	3.25	14:02	4:19	2	1:15	8	1:37	9.75	42:56	4:24	2	5:28	11	7:50
Lap 4	3.25	13:50	4:15	2	0:57	5	1:13	13.00	56:46	4:21	2	6:25	10	9:03
Lap 5	3.25	14:10	4:21	2	1:19	7	1:50	16.25	1:10:56	4:21	2	7:44	8	10:53
Lap 6	3.25	14:11	4:21	2	1:30	7	1:47	19.50	1:25:07	4:21	2	9:14	8	12:40
Lap 7	3.25	14:03	4:19	2	1:14	7	1:15	22.75	1:39:10	4:21	2	10:28	8	13:55
Lap 8	3.25	14:11	4:21	3	0:58	5	1:22	26.00	1:53:21	4:21	2	11:26	8	15:17
Lap 9	3.25	14:07	4:20	2	0:59	4	0:59	29.25	2:07:28	4:21	2	12:25	7	16:11
Lap 10	3.25	14:05	4:20	2	0:35	4	1:15	32.50	2:21:33	4:21	2	13:00	7	17:26
Lap 11	3.25	14:16	4:23	2	0:13	4	0:46	35.75	2:35:49	4:21	2	13:13	6	18:12
Lap 12	3.25	14:16	4:23	1	-	3	0:19	39.00	2:50:05	4:21	2	13:06	5	18:31
Last lap Finish	3.25	14:12	4:22	1	-	2	0:20	42.25	3:04:17	4:21	2	12:45	5	18:28