



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

CIRKEL, Jutta

Club: -

Number: 331

Course: 22.75 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 3:06:15

Speed: 7.09 km/h

Running performance: 8:11 min/km

Rank in course/Total: 246 (of 261)

Rank in course/Women: 41 (of 46)

Best time in course: 1:46:29

Rank in category: 5(of 6)

Best time in the category: 2:01:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	24:00	7:23	5	8:13	41	10:49	3.25	24:00	7:23	5	8:13	41	10:49
Lap 2	3.25	25:11	7:44	5	8:06	39	10:59	6.50	49:11	7:33	5	16:19	39	21:48
Lap 3	3.25	25:57	7:59	5	8:33	39	11:04	9.75	1:15:08	7:42	5	24:52	39	32:52
Lap 4	3.25	26:45	8:13	5	9:13	40	11:29	13.00	1:41:53	7:50	5	34:05	40	44:21
Lap 5	3.25	27:38	8:30	5	10:02	40	11:53	16.25	2:09:31	7:58	5	44:07	40	56:06
Lap 6	3.25	28:01	8:37	4	10:05	39	11:54	19.50	2:37:32	8:04	5	54:12	40	1:07:28
Last lap Finish	3.25	28:43	8:50	4	10:32	38	13:08	22.75	3:06:15	8:11	5	1:04:44	41	1:19:46