



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

RICHTER, Bernd

Club: Lauf Team Unna

Number: 665

Course: 22.75 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:34:44

Speed: 8.82 km/h

Running performance: 6:48 min/km

Rank in course/Total: 212 (of 261)

Rank in course/Men: 183 (of 215)

Best time in course: 1:25:10

Rank in category: 38(of 42)

Best time in the category: 1:35:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	20:56	6:26	41	8:24	203	9:38	3.25	20:56	6:26	41	8:24	203	9:38	
Lap 2	3.25	21:24	6:35	41	8:13	194	9:35	6.50	42:20	6:30	41	16:37	197	18:59	
Lap 3	3.25	21:33	6:37	37	7:58	184	9:21	9.75	1:03:53	6:33	40	24:35	192	28:20	
Lap 4	3.25	21:52	6:43	36	7:43	182	9:26	13.00	1:25:45	6:35	40	32:18	190	37:46	
Lap 5	3.25	22:41	6:58	36	8:17	181	10:11	16.25	1:48:26	6:40	39	40:20	188	47:57	
Lap 6	3.25	22:21	6:52	32	8:30	168	9:53	19.50	2:10:47	6:42	38	48:50	184	57:50	
Last lap Finish	3.25	23:57	7:22	36	10:13	181	21:51	22.75	2:34:44	6:48	38	59:03	185	2:32:38	