



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WOLFF, Norbert

Club: TSV Kiebingen

Number: 250

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 40:23

Speed: 13.37 km/h

Running performance: 4:08 min/km

Rank in course/Total: 10 (of 215)

Rank in course/Men: 10 (of 134)

Best time in course: 36:45

Rank in category: 1(of 19)

Best time in the category: 40:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:55	3:58	1	-	13	1:23	3.25	12:55	3:58	1	-	13	1:23
Lap 2	3.25	13:38	4:11	1	-	12	1:03	6.50	26:33	4:05	1	-	10	2:18
Last lap Finish	3.25	13:50	4:15	1	-	12	1:21	9.75	40:23	4:08	1	-	10	3:38