



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

PREUß, Matthias

Club: BSG EDEKA Stadie e.K.

Number: 474

Course: 22.75 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:10:16

Speed: 6.94 km/h

Running performance: 8:22 min/km

Rank in course/Total: 247 (of 261)

Rank in course/Men: 206 (of 215)

Best time in course: 1:25:10

Rank in category: 31(of 32)

Best time in the category: 1:33:22

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	21:24	6:35	32	9:20	206	10:06	3.25	21:24	6:35	32	9:20	206	10:06
Lap 2	3.25	23:47	7:19	31	10:45	207	11:58	6.50	45:11	6:57	32	20:05	206	21:50
Lap 3	3.25	26:40	8:12	32	13:25	211	14:28	9.75	1:11:51	7:22	32	33:30	206	36:18
Lap 4	3.25	27:16	8:23	32	13:35	210	14:50	13.00	1:39:07	7:37	32	47:05	207	51:08
Lap 5	3.25	29:18	9:00	32	15:32	209	16:48	16.25	2:08:25	7:54	32	1:02:37	209	1:07:56
Lap 6	3.25	30:06	9:15	31	16:12	207	17:38	19.50	2:38:31	8:07	31	1:18:49	207	1:25:34
Last lap Finish	3.25	31:45	9:46	31	18:17	207	29:39	22.75	3:10:16	8:21	31	1:36:54	208	3:08:10