



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SMOLINSKI, Konrad

Club: KS-SPORTSWORLD

Number: 792

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:12:23

Speed: 13.10 km/h

Running performance: 4:33 min/km

Rank in course/Total: 8 (of 168)

Rank in course/Men: 8 (of 144)

Best time in course: 2:45:49

Rank in category: 2(of 15)

Best time in the category: 2:45:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	12:16	3:46	2	1:22	3	1:22	3.25	12:16	3:46	2	1:22	3	1:22
Lap 2	3.25	13:18	4:05	2	1:31	6	1:31	6.50	25:34	3:55	2	2:53	4	2:53
Lap 3	3.25	13:42	4:12	2	1:17	6	1:17	9.75	39:16	4:01	2	4:10	6	4:10
Lap 4	3.25	14:01	4:18	2	1:24	6	1:24	13.00	53:17	4:05	2	5:34	6	5:34
Lap 5	3.25	13:44	4:13	2	1:24	6	1:24	16.25	1:07:01	4:07	2	6:58	6	6:58
Lap 6	3.25	13:52	4:15	2	1:28	5	1:28	19.50	1:20:53	4:08	2	8:26	5	8:26
Lap 7	3.25	14:17	4:23	2	1:29	8	1:29	22.75	1:35:10	4:10	2	9:55	6	9:55
Lap 8	3.25	14:34	4:28	2	1:45	8	1:45	26.00	1:49:44	4:13	2	11:40	6	11:40
Lap 9	3.25	14:51	4:34	2	1:38	7	1:43	29.25	2:04:35	4:15	2	13:18	6	13:18
Lap 10	3.25	15:50	4:52	3	3:00	14	3:00	32.50	2:20:25	4:19	2	16:18	6	16:18
Lap 11	3.25	16:48	5:10	5	3:18	17	3:18	35.75	2:37:13	4:23	2	19:36	7	19:36
Lap 12	3.25	17:20	5:19	6	3:23	23	3:23	39.00	2:54:33	4:28	2	22:59	8	22:59
Last lap Finish	3.25	17:50	5:29	10	3:35	33	3:58	42.25	3:12:23	4:33	2	26:34	8	26:34