



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MOSSAL, Erich

Club: LT Schweich

Number: 733

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:32:00

Speed: 11.96 km/h

Running performance: 5:01 min/km

Rank in course/Total: 23 (of 168)

Rank in course/Men: 22 (of 144)

Best time in course: 2:45:49

Rank in category: 4(of 29)

Best time in the category: 2:56:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:53	4:53	9	2:56	39	4:59	3.25	15:53	4:53	9	2:56	39	4:59
Lap 2	3.25	16:20	5:01	11	3:20	47	4:33	6.50	32:13	4:57	9	6:16	40	9:32
Lap 3	3.25	16:12	4:59	9	3:06	41	3:47	9.75	48:25	4:57	9	9:22	39	13:19
Lap 4	3.25	16:47	5:09	10	3:09	44	4:10	13.00	1:05:12	5:00	9	12:31	41	17:29
Lap 5	3.25	16:00	4:55	6	2:21	30	3:40	16.25	1:21:12	4:59	8	14:52	38	21:09
Lap 6	3.25	15:48	4:51	5	2:07	24	3:24	19.50	1:37:00	4:58	7	16:59	35	24:33
Lap 7	3.25	15:46	4:51	4	2:20	22	2:58	22.75	1:52:46	4:57	7	19:19	34	27:31
Lap 8	3.25	15:50	4:52	4	2:16	19	3:01	26.00	2:08:36	4:56	6	21:35	31	30:32
Lap 9	3.25	16:20	5:01	4	2:53	18	3:12	29.25	2:24:56	4:57	6	24:28	30	33:39
Lap 10	3.25	16:35	5:06	4	2:57	17	3:45	32.50	2:41:31	4:58	6	27:25	28	37:24
Lap 11	3.25	17:08	5:16	4	2:57	19	3:38	35.75	2:58:39	4:59	5	30:22	27	41:02
Lap 12	3.25	16:38	5:07	4	2:24	15	2:41	39.00	3:15:17	5:00	5	32:46	27	43:43
Last lap Finish	3.25	16:43	5:08	6	2:51	21	2:51	42.25	3:32:00	5:01	4	35:37	22	46:11