



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SIMEK, Jiri

Club: CEPro team/Inkospor

Number: 790

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:32:04

Speed: 11.88 km/h

Running performance: 5:01 min/km

Rank in course/Total: 24 (of 168)

Rank in course/Men: 24 (of 144)

Best time in course: 2:45:49

Rank in category: 8(of 15)

Best time in the category: 2:45:49

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	14:59	4:36	5	4:05	26	4:05	3.25	14:59	4:36	5	4:05	26	4:05
Lap 2	3.25	15:22	4:43	5	3:35	25	3:35	6.50	30:21	4:40	5	7:40	25	7:40
Lap 3	3.25	15:11	4:40	5	2:46	22	2:46	9.75	45:32	4:40	4	10:26	23	10:26
Lap 4	3.25	15:15	4:41	5	2:38	22	2:38	13.00	1:00:47	4:40	4	13:04	22	13:04
Lap 5	3.25	15:42	4:49	5	3:22	26	3:22	16.25	1:16:29	4:42	4	16:26	22	16:26
Lap 6	3.25	15:58	4:54	7	3:34	26	3:34	19.50	1:32:27	4:44	4	20:00	22	20:00
Lap 7	3.25	15:56	4:54	6	3:08	24	3:08	22.75	1:48:23	4:45	4	23:08	22	23:08
Lap 8	3.25	16:06	4:57	6	3:17	24	3:17	26.00	2:04:29	4:47	4	26:25	21	26:25
Lap 9	3.25	17:07	5:15	8	3:54	31	3:59	29.25	2:21:36	4:50	4	30:19	21	30:19
Lap 10	3.25	17:36	5:24	9	4:46	35	4:46	32.50	2:39:12	4:53	4	35:05	22	35:05
Lap 11	3.25	17:50	5:29	10	4:20	33	4:20	35.75	2:57:02	4:57	4	39:25	21	39:25
Lap 12	3.25	17:55	5:30	9	3:58	32	3:58	39.00	3:14:57	4:59	6	43:23	23	43:23
Last lap Finish	3.25	17:07	5:15	8	2:52	28	3:15	42.25	3:32:04	5:01	8	46:15	24	46:15