



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

WEDIG, Christian

Club: OCR Heidesprinter

Number: 820

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:32:53

Speed: 11.84 km/h

Running performance: 5:02 min/km

Rank in course/Total: 26 (of 168)

Rank in course/Men: 26 (of 144)

Best time in course: 2:45:49

Rank in category: 5(of 10)

Best time in the category: 3:03:49

Intermediate times

Stage score

Total ranking

| Control | Intermediate times | | | | Stage score | | | | Total ranking | | | | | |
|-----------------|--------------------|------------|--------------|----------|-------------|---------|------------|----------|---------------|--------------|----------|-------------|---------|------------|
| | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 3.25 | 16:26 | 5:03 | 6 | 3:39 | 57 | 5:32 | 3.25 | 16:26 | 5:03 | 6 | 3:39 | 57 | 5:32 |
| Lap 2 | 3.25 | 16:08 | 4:57 | 5 | 3:22 | 42 | 4:21 | 6.50 | 32:34 | 5:00 | 6 | 7:01 | 46 | 9:53 |
| Lap 3 | 3.25 | 15:49 | 4:51 | 6 | 3:05 | 33 | 3:24 | 9.75 | 48:23 | 4:57 | 5 | 10:06 | 38 | 13:17 |
| Lap 4 | 3.25 | 15:44 | 4:50 | 5 | 2:35 | 26 | 3:07 | 13.00 | 1:04:07 | 4:55 | 5 | 12:41 | 35 | 16:24 |
| Lap 5 | 3.25 | 15:16 | 4:41 | 4 | 1:54 | 19 | 2:56 | 16.25 | 1:19:23 | 4:53 | 5 | 14:35 | 31 | 19:20 |
| Lap 6 | 3.25 | 15:34 | 4:47 | 4 | 2:06 | 20 | 3:10 | 19.50 | 1:34:57 | 4:52 | 5 | 16:41 | 30 | 22:30 |
| Lap 7 | 3.25 | 15:25 | 4:44 | 4 | 1:32 | 18 | 2:37 | 22.75 | 1:50:22 | 4:51 | 5 | 18:13 | 26 | 25:07 |
| Lap 8 | 3.25 | 15:57 | 4:54 | 5 | 1:14 | 22 | 3:08 | 26.00 | 2:06:19 | 4:51 | 4 | 19:18 | 25 | 28:15 |
| Lap 9 | 3.25 | 16:27 | 5:03 | 3 | 1:58 | 21 | 3:19 | 29.25 | 2:22:46 | 4:52 | 4 | 20:51 | 24 | 31:29 |
| Lap 10 | 3.25 | 17:11 | 5:17 | 4 | 1:51 | 24 | 4:21 | 32.50 | 2:39:57 | 4:55 | 4 | 22:42 | 23 | 35:50 |
| Lap 11 | 3.25 | 17:44 | 5:27 | 4 | 2:21 | 30 | 4:14 | 35.75 | 2:57:41 | 4:58 | 4 | 25:03 | 23 | 40:04 |
| Lap 12 | 3.25 | 17:32 | 5:23 | 3 | 1:42 | 25 | 3:35 | 39.00 | 3:15:13 | 5:00 | 5 | 26:45 | 25 | 43:39 |
| Last lap Finish | 3.25 | 17:40 | 5:26 | 4 | 2:23 | 30 | 3:48 | 42.25 | 3:32:53 | 5:02 | 5 | 29:04 | 26 | 47:04 |