



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BUCKWITZ, Frank

Club: Team Pinki & Brain

Number: 622

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:38:02

Speed: 11.56 km/h

Running performance: 5:10 min/km

Rank in course/Total: 30 (of 168)

Rank in course/Men: 30 (of 144)

Best time in course: 2:45:49

Rank in category: 9(of 15)

Best time in the category: 2:45:49

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:20	5:01	13	5:26	55	5:26	3.25	16:20	5:01	13	5:26	55	5:26
Lap 2	3.25	16:07	4:57	10	4:20	41	4:20	6.50	32:27	4:59	11	9:46	45	9:46
Lap 3	3.25	16:26	5:03	11	4:01	46	4:01	9.75	48:53	5:00	11	13:47	43	13:47
Lap 4	3.25	16:37	5:06	10	4:00	41	4:00	13.00	1:05:30	5:02	11	17:47	45	17:47
Lap 5	3.25	16:37	5:06	11	4:17	39	4:17	16.25	1:22:07	5:03	11	22:04	42	22:04
Lap 6	3.25	17:26	5:21	12	5:02	53	5:02	19.50	1:39:33	5:06	11	27:06	43	27:06
Lap 7	3.25	16:21	5:01	10	3:33	33	3:33	22.75	1:55:54	5:05	11	30:39	39	30:39
Lap 8	3.25	16:34	5:05	9	3:45	30	3:45	26.00	2:12:28	5:05	11	34:24	37	34:24
Lap 9	3.25	16:42	5:08	7	3:29	27	3:34	29.25	2:29:10	5:05	11	37:53	37	37:53
Lap 10	3.25	17:09	5:16	6	4:19	23	4:19	32.50	2:46:19	5:07	11	42:12	34	42:12
Lap 11	3.25	17:19	5:19	8	3:49	25	3:49	35.75	3:03:38	5:08	10	46:01	33	46:01
Lap 12	3.25	17:33	5:24	7	3:36	27	3:36	39.00	3:21:11	5:09	9	49:37	32	49:37
Last lap Finish	3.25	16:51	5:11	6	2:36	23	2:59	42.25	3:38:02	5:09	9	52:13	30	52:13