



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BECKER, Maik

Club: Team ACTREME

Number: 605

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:38:43

Speed: 11.52 km/h

Running performance: 5:11 min/km

Rank in course/Total: 31 (of 168)

Rank in course/Men: 31 (of 144)

Best time in course: 2:45:49

Rank in category: 7(of 29)

Best time in the category: 2:56:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:57	4:17	2	1:00	9	3:03	3.25	13:57	4:17	2	1:00	9	3:03
Lap 2	3.25	14:23	4:25	3	1:23	12	2:36	6.50	28:20	4:21	3	2:23	11	5:39
Lap 3	3.25	14:44	4:31	3	1:38	14	2:19	9.75	43:04	4:25	3	4:01	12	7:58
Lap 4	3.25	15:05	4:38	3	1:27	17	2:28	13.00	58:09	4:28	3	5:28	13	10:26
Lap 5	3.25	15:18	4:42	4	1:39	20	2:58	16.25	1:13:27	4:31	3	7:07	13	13:24
Lap 6	3.25	15:22	4:43	4	1:41	17	2:58	19.50	1:28:49	4:33	3	8:48	13	16:22
Lap 7	3.25	16:07	4:57	5	2:41	27	3:19	22.75	1:44:56	4:36	3	11:29	13	19:41
Lap 8	3.25	16:46	5:09	7	3:12	34	3:57	26.00	2:01:42	4:40	4	14:41	17	23:38
Lap 9	3.25	18:05	5:33	13	4:38	46	4:57	29.25	2:19:47	4:46	4	19:19	19	28:30
Lap 10	3.25	19:13	5:54	16	5:35	60	6:23	32.50	2:39:00	4:53	5	24:54	21	34:53
Lap 11	3.25	19:40	6:03	16	5:29	58	6:10	35.75	2:58:40	4:59	6	30:23	28	41:03
Lap 12	3.25	20:36	6:20	16	6:22	62	6:39	39.00	3:19:16	5:06	7	36:45	30	47:42
Last lap Finish	3.25	19:27	5:59	13	5:35	56	5:35	42.25	3:38:43	5:10	7	42:20	31	52:54