



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

GRUND, Elisabeth

Club: VLG Eisenbach

Number: 653

Course: 42.25 km

Marathon

Category:

Frauen (20-29 Jahre)

Total time: 3:38:45

Speed: 11.52 km/h

Running performance: 5:11 min/km

Rank in course/Total: 32 (of 168)

Rank in course/Women: 1 (of 24)

Best time in course: 3:38:45

Rank in category: 1(of 2)

Best time in the category: 3:38:45

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	14:52	4:34	1	-	1	-	3.25	14:52	4:34	1	-	1	-
Lap 2	3.25	15:23	4:44	1	-	1	-	6.50	30:15	4:39	1	-	1	-
Lap 3	3.25	15:34	4:47	1	-	1	-	9.75	45:49	4:41	1	-	1	-
Lap 4	3.25	16:00	4:55	1	-	1	-	13.00	1:01:49	4:45	1	-	1	-
Lap 5	3.25	16:27	5:03	1	-	2	0:31	16.25	1:18:16	4:48	1	-	1	-
Lap 6	3.25	16:54	5:11	1	-	3	0:16	19.50	1:35:10	4:52	1	-	1	-
Lap 7	3.25	16:34	5:05	1	-	1	-	22.75	1:51:44	4:54	1	-	1	-
Lap 8	3.25	16:40	5:07	1	-	1	-	26.00	2:08:24	4:56	1	-	1	-
Lap 9	3.25	17:13	5:17	1	-	2	0:32	29.25	2:25:37	4:58	1	-	1	-
Lap 10	3.25	18:03	5:33	1	-	2	1:26	32.50	2:43:40	5:02	1	-	1	-
Lap 11	3.25	19:16	5:55	2	0:03	4	1:49	35.75	3:02:56	5:07	1	-	1	-
Lap 12	3.25	18:47	5:46	1	-	2	0:32	39.00	3:21:43	5:10	1	-	1	-
Last lap Finish	3.25	17:02	5:14	1	-	1	-	42.25	3:38:45	5:10	1	-	1	-