



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

ANDRAE, Wolfram

Club: Hunsrück-Marathon e.V.

Number: 600

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:40:02

Speed: 11.45 km/h

Running performance: 5:13 min/km

Rank in course/Total: 34 (of 168)

Rank in course/Men: 33 (of 144)

Best time in course: 2:45:49

Rank in category: 8(of 29)

Best time in the category: 2:56:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:24	4:44	7	2:27	32	4:30	3.25	15:24	4:44	7	2:27	32	4:30
Lap 2	3.25	15:37	4:48	7	2:37	31	3:50	6.50	31:01	4:46	7	5:04	33	8:20
Lap 3	3.25	16:10	4:58	8	3:04	40	3:45	9.75	47:11	4:50	7	8:08	34	12:05
Lap 4	3.25	16:43	5:08	9	3:05	43	4:06	13.00	1:03:54	4:54	7	11:13	34	16:11
Lap 5	3.25	16:51	5:11	9	3:12	42	4:31	16.25	1:20:45	4:58	7	14:25	36	20:42
Lap 6	3.25	17:02	5:14	10	3:21	41	4:38	19.50	1:37:47	5:00	8	17:46	38	25:20
Lap 7	3.25	17:51	5:29	15	4:25	61	5:03	22.75	1:55:38	5:04	8	22:11	38	30:23
Lap 8	3.25	17:10	5:16	9	3:36	38	4:21	26.00	2:12:48	5:06	8	25:47	38	34:44
Lap 9	3.25	17:48	5:28	11	4:21	38	4:40	29.25	2:30:36	5:08	8	30:08	38	39:19
Lap 10	3.25	17:27	5:22	8	3:49	33	4:37	32.50	2:48:03	5:10	8	33:57	37	43:56
Lap 11	3.25	17:45	5:27	8	3:34	32	4:15	35.75	3:05:48	5:11	8	37:31	37	48:11
Lap 12	3.25	17:43	5:27	6	3:29	30	3:46	39.00	3:23:31	5:13	8	41:00	35	51:57
Last lap Finish	3.25	16:31	5:04	5	2:39	20	2:39	42.25	3:40:02	5:12	8	43:39	33	54:13