



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

ÖHM, Martin

Club: 37073

Number: 741

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:40:00

Speed: 11.45 km/h

Running performance: 5:13 min/km

Rank in course/Total: 33 (of 168)

Rank in course/Men: 32 (of 144)

Best time in course: 2:45:49

Rank in category: 10(of 15)

Best time in the category: 2:45:49

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:42	4:49	8	4:48	38	4:48	3.25	15:42	4:49	8	4:48	38	4:48
Lap 2	3.25	15:26	4:44	6	3:39	26	3:39	6.50	31:08	4:47	9	8:27	35	8:27
Lap 3	3.25	15:37	4:48	7	3:12	29	3:12	9.75	46:45	4:47	8	11:39	30	11:39
Lap 4	3.25	16:01	4:55	7	3:24	30	3:24	13.00	1:02:46	4:49	8	15:03	29	15:03
Lap 5	3.25	16:31	5:04	9	4:11	36	4:11	16.25	1:19:17	4:52	8	19:14	30	19:14
Lap 6	3.25	16:21	5:01	9	3:57	33	3:57	19.50	1:35:38	4:54	8	23:11	31	23:11
Lap 7	3.25	16:58	5:13	11	4:10	37	4:10	22.75	1:52:36	4:56	9	27:21	33	27:21
Lap 8	3.25	17:07	5:15	11	4:18	36	4:18	26.00	2:09:43	4:59	10	31:39	35	31:39
Lap 9	3.25	17:40	5:26	10	4:27	34	4:32	29.25	2:27:23	5:02	10	36:06	33	36:06
Lap 10	3.25	17:45	5:27	10	4:55	36	4:55	32.50	2:45:08	5:04	10	41:01	33	41:01
Lap 11	3.25	18:36	5:43	11	5:06	41	5:06	35.75	3:03:44	5:08	11	46:07	34	46:07
Lap 12	3.25	18:41	5:44	11	4:44	43	4:44	39.00	3:22:25	5:11	10	50:51	33	50:51
Last lap Finish	3.25	17:35	5:24	9	3:20	29	3:43	42.25	3:40:00	5:12	10	54:11	32	54:11