



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

STOFFEL, Volker

Club: Wyker TB

Number: 799

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 3:41:17

Speed: 11.39 km/h

Running performance: 5:14 min/km

Rank in course/Total: 37 (of 168)

Rank in course/Men: 35 (of 144)

Best time in course: 2:45:49

Rank in category: 2(of 20)

Best time in the category: 3:22:45

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:04	4:56	4	0:59	47	5:10	3.25	16:04	4:56	4	0:59	47	5:10
Lap 2	3.25	17:10	5:16	6	2:14	74	5:23	6.50	33:14	5:06	5	3:13	57	10:33
Lap 3	3.25	16:53	5:11	4	1:53	59	4:28	9.75	50:07	5:08	4	5:06	57	15:01
Lap 4	3.25	17:06	5:15	4	2:03	58	4:29	13.00	1:07:13	5:10	4	7:09	56	19:30
Lap 5	3.25	17:26	5:21	5	2:21	60	5:06	16.25	1:24:39	5:12	4	9:30	56	24:36
Lap 6	3.25	17:07	5:15	3	1:40	46	4:43	19.50	1:41:46	5:13	4	11:10	53	29:19
Lap 7	3.25	16:19	5:01	2	0:56	32	3:31	22.75	1:58:05	5:11	2	12:06	48	32:50
Lap 8	3.25	16:38	5:07	2	0:45	31	3:49	26.00	2:14:43	5:10	2	12:51	42	36:39
Lap 9	3.25	16:41	5:08	2	1:05	26	3:33	29.25	2:31:24	5:10	2	13:56	40	40:07
Lap 10	3.25	17:08	5:16	2	0:44	22	4:18	32.50	2:48:32	5:11	2	14:40	38	44:25
Lap 11	3.25	17:10	5:16	2	0:55	21	3:40	35.75	3:05:42	5:11	2	15:35	35	48:05
Lap 12	3.25	17:40	5:26	3	1:22	29	3:43	39.00	3:23:22	5:12	2	16:57	34	51:48
Last lap Finish	3.25	17:55	5:30	3	2:00	34	4:03	42.25	3:41:17	5:14	2	18:32	35	55:28