



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

CREDé, Caroline

Club: -

Number: 624

Course: 42.25 km

Marathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 3:42:11

Speed: 11.34 km/h

Running performance: 5:16 min/km

Rank in course/Total: 38 (of 168)

Rank in course/Women: 3 (of 24)

Best time in course: 3:38:45

Rank in category: 1(of 2)

Best time in the category: 3:42:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:57	4:54	1	-	2	1:05	3.25	15:57	4:54	1	-	2	1:05
Lap 2	3.25	15:33	4:47	1	-	2	0:10	6.50	31:30	4:50	1	-	2	1:15
Lap 3	3.25	15:57	4:54	1	-	2	0:23	9.75	47:27	4:52	1	-	2	1:38
Lap 4	3.25	16:06	4:57	1	-	2	0:06	13.00	1:03:33	4:53	1	-	2	1:44
Lap 5	3.25	16:29	5:04	1	-	3	0:33	16.25	1:20:02	4:55	1	-	2	1:46
Lap 6	3.25	16:40	5:07	1	-	2	0:02	19.50	1:36:42	4:57	1	-	2	1:32
Lap 7	3.25	16:56	5:12	1	-	3	0:22	22.75	1:53:38	4:59	1	-	2	1:54
Lap 8	3.25	17:31	5:23	2	0:01	4	0:51	26.00	2:11:09	5:02	1	-	2	2:45
Lap 9	3.25	17:39	5:25	1	-	3	0:58	29.25	2:28:48	5:05	1	-	2	3:11
Lap 10	3.25	18:14	5:36	1	-	3	1:37	32.50	2:47:02	5:08	1	-	3	3:22
Lap 11	3.25	18:02	5:32	1	-	2	0:35	35.75	3:05:04	5:10	1	-	3	2:08
Lap 12	3.25	18:51	5:48	1	-	3	0:36	39.00	3:23:55	5:13	1	-	3	2:12
Last lap Finish	3.25	18:16	5:37	1	-	3	1:14	42.25	3:42:11	5:15	1	-	3	3:26