



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HUNGER, Alexander

Club: WSV Berlin

Number: 679

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:44:41

Speed: 11.22 km/h

Running performance: 5:19 min/km

Rank in course/Total: 42 (of 168)

Rank in course/Men: 39 (of 144)

Best time in course: 2:45:49

Rank in category: 10(of 29)

Best time in the category: 2:56:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:36	5:06	15	3:39	62	5:42	3.25	16:36	5:06	15	3:39	62	5:42
Lap 2	3.25	17:31	5:23	20	4:31	86	5:44	6.50	34:07	5:14	17	8:10	74	11:26
Lap 3	3.25	17:37	5:25	19	4:31	75	5:12	9.75	51:44	5:18	19	12:41	78	16:38
Lap 4	3.25	17:21	5:20	19	3:43	72	4:44	13.00	1:09:05	5:18	18	16:24	77	21:22
Lap 5	3.25	17:29	5:22	17	3:50	67	5:09	16.25	1:26:34	5:19	17	20:14	73	26:31
Lap 6	3.25	17:49	5:28	18	4:08	66	5:25	19.50	1:44:23	5:21	18	24:22	71	31:56
Lap 7	3.25	17:33	5:24	13	4:07	55	4:45	22.75	2:01:56	5:21	18	28:29	67	36:41
Lap 8	3.25	17:27	5:22	10	3:53	41	4:38	26.00	2:19:23	5:21	16	32:22	63	41:19
Lap 9	3.25	17:24	5:21	8	3:57	33	4:16	29.25	2:36:47	5:21	14	36:19	53	45:30
Lap 10	3.25	17:29	5:22	9	3:51	34	4:39	32.50	2:54:16	5:21	12	40:10	50	50:09
Lap 11	3.25	17:16	5:18	5	3:05	22	3:46	35.75	3:11:32	5:21	11	43:15	45	53:55
Lap 12	3.25	16:49	5:10	5	2:35	20	2:52	39.00	3:28:21	5:20	10	45:50	40	56:47
Last lap Finish	3.25	16:20	5:01	4	2:28	18	2:28	42.25	3:44:41	5:19	10	48:18	39	58:52