



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**HEINLE, Matthias**

Club: Trailhoneys Siegerland

Number: 765

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:46:52

Speed: 11.11 km/h

Running performance: 5:22 min/km

Rank in course/Total: 44 (of 168)

Rank in course/Men: 41 (of 144)

Best time in course: 2:45:49

Rank in category: 3(of 26)

Best time in the category: 2:51:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:50	6:06	21	7:44	121	8:56	3.25	19:50	6:06	21	7:44	121	8:56
Lap 2	3.25	21:10	6:30	25	8:35	137	9:23	6.50	41:00	6:18	25	16:19	134	18:19
Lap 3	3.25	23:37	7:15	26	10:50	144	11:12	9.75	1:04:37	6:37	26	27:09	144	29:31
Lap 4	3.25	16:36	5:06	4	3:43	39	3:59	13.00	1:21:13	6:14	25	30:52	128	33:30
Lap 5	3.25	14:32	4:28	3	1:41	10	2:12	16.25	1:35:45	5:53	19	32:33	110	35:42
Lap 6	3.25	14:46	4:32	3	2:05	10	2:22	19.50	1:50:31	5:40	15	34:38	93	38:04
Lap 7	3.25	14:39	4:30	3	1:50	10	1:51	22.75	2:05:10	5:30	11	36:28	79	39:55
Lap 8	3.25	14:04	4:19	2	0:51	4	1:15	26.00	2:19:14	5:21	9	37:19	60	41:10
Lap 9	3.25	27:23	8:25	25	14:15	138	14:15	29.25	2:46:37	5:41	14	51:34	82	55:20
Lap 10	3.25	15:42	4:49	3	2:12	12	2:52	32.50	3:02:19	5:36	8	53:46	70	58:12
Lap 11	3.25	15:08	4:39	3	1:05	5	1:38	35.75	3:17:27	5:31	8	54:51	58	59:50
Lap 12	3.25	14:56	4:35	3	0:40	5	0:59	39.00	3:32:23	5:26	6	55:24	48	1:00:49
Last lap Finish	3.25	14:29	4:27	2	0:17	4	0:37	42.25	3:46:52	5:22	3	55:20	41	1:01:03