



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

JANSEN, David

Club: JMT Mol

Number: 683

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 3:46:57

Speed: 11.10 km/h

Running performance: 5:22 min/km

Rank in course/Total: 45 (of 168)

Rank in course/Men: 42 (of 144)

Best time in course: 2:45:49

Rank in category: 12(of 15)

Best time in the category: 2:45:49

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:02	4:56	11	5:08	46	5:08	3.25	16:02	4:56	11	5:08	46	5:08
Lap 2	3.25	15:03	4:37	4	3:16	22	3:16	6.50	31:05	4:46	8	8:24	34	8:24
Lap 3	3.25	15:00	4:36	4	2:35	19	2:35	9.75	46:05	4:43	6	10:59	27	10:59
Lap 4	3.25	15:10	4:39	4	2:33	20	2:33	13.00	1:01:15	4:42	5	13:32	25	13:32
Lap 5	3.25	15:32	4:46	4	3:12	23	3:12	16.25	1:16:47	4:43	5	16:44	24	16:44
Lap 6	3.25	15:47	4:51	5	3:23	23	3:23	19.50	1:32:34	4:44	5	20:07	23	20:07
Lap 7	3.25	16:02	4:56	7	3:14	26	3:14	22.75	1:48:36	4:46	5	23:21	23	23:21
Lap 8	3.25	16:28	5:03	8	3:39	28	3:39	26.00	2:05:04	4:48	5	27:00	23	27:00
Lap 9	3.25	18:49	5:47	12	5:36	60	5:41	29.25	2:23:53	4:55	7	32:36	27	32:36
Lap 10	3.25	18:19	5:38	12	5:29	44	5:29	32.50	2:42:12	4:59	9	38:05	31	38:05
Lap 11	3.25	19:53	6:07	12	6:23	62	6:23	35.75	3:02:05	5:05	9	44:28	32	44:28
Lap 12	3.25	21:30	6:36	13	7:33	74	7:33	39.00	3:23:35	5:13	11	52:01	36	52:01
Last lap Finish	3.25	23:22	7:11	14	9:07	103	9:30	42.25	3:46:57	5:22	12	1:01:08	42	1:01:08