



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

REIßIG, Sven

Club: DLRG Leuna-Merseburg

Number: 762

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 3:54:50

Speed: 10.73 km/h

Running performance: 5:34 min/km

Rank in course/Total: 60 (of 168)

Rank in course/Men: 55 (of 144)

Best time in course: 2:45:49

Rank in category: 15(of 29)

Best time in the category: 2:56:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:13	5:17	18	4:16	77	6:19	3.25	17:13	5:17	18	4:16	77	6:19
Lap 2	3.25	16:57	5:12	15	3:57	66	5:10	6.50	34:10	5:15	18	8:13	75	11:29
Lap 3	3.25	17:05	5:15	14	3:59	67	4:40	9.75	51:15	5:15	16	12:12	71	16:09
Lap 4	3.25	17:13	5:17	15	3:35	65	4:36	13.00	1:08:28	5:15	17	15:47	71	20:45
Lap 5	3.25	18:17	5:37	19	4:38	81	5:57	16.25	1:26:45	5:20	18	20:25	75	26:42
Lap 6	3.25	17:35	5:24	15	3:54	57	5:11	19.50	1:44:20	5:21	17	24:19	70	31:53
Lap 7	3.25	18:15	5:36	17	4:49	69	5:27	22.75	2:02:35	5:23	19	29:08	72	37:20
Lap 8	3.25	18:03	5:33	14	4:29	53	5:14	26.00	2:20:38	5:24	17	33:37	66	42:34
Lap 9	3.25	18:46	5:46	16	5:19	59	5:38	29.25	2:39:24	5:26	17	38:56	62	48:07
Lap 10	3.25	18:16	5:37	13	4:38	43	5:26	32.50	2:57:40	5:28	16	43:34	59	53:33
Lap 11	3.25	18:49	5:47	13	4:38	45	5:19	35.75	3:16:29	5:29	15	48:12	57	58:52
Lap 12	3.25	19:34	6:01	13	5:20	51	5:37	39.00	3:36:03	5:32	15	53:32	57	1:04:29
Last lap Finish	3.25	18:47	5:46	10	4:55	43	4:55	42.25	3:54:50	5:33	15	58:27	55	1:09:01