



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHNECKENBURGER, Steffen

Club: SG Walldorf Astoria 1902 e.V.

Number: 780

Course: 42.25 km

Marathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 3:56:43

Speed: 10.65 km/h

Running performance: 5:36 min/km

Rank in course/Total: 61 (of 168)

Rank in course/Men: 56 (of 144)

Best time in course: 2:45:49

Rank in category: 7(of 10)

Best time in the category: 3:03:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:00	4:55	5	3:13	43	5:06	3.25	16:00	4:55	5	3:13	43	5:06
Lap 2	3.25	16:24	5:02	7	3:38	50	4:37	6.50	32:24	4:59	5	6:51	43	9:43
Lap 3	3.25	16:33	5:05	7	3:49	48	4:08	9.75	48:57	5:01	6	10:40	44	13:51
Lap 4	3.25	16:36	5:06	7	3:27	39	3:59	13.00	1:05:33	5:02	7	14:07	46	17:50
Lap 5	3.25	16:39	5:07	7	3:17	40	4:19	16.25	1:22:12	5:03	7	17:24	44	22:09
Lap 6	3.25	16:48	5:10	7	3:20	40	4:24	19.50	1:39:00	5:04	7	20:44	41	26:33
Lap 7	3.25	17:07	5:15	6	3:14	40	4:19	22.75	1:56:07	5:06	7	23:58	40	30:52
Lap 8	3.25	17:47	5:28	7	3:04	49	4:58	26.00	2:13:54	5:09	7	26:53	40	35:50
Lap 9	3.25	18:16	5:37	6	3:47	49	5:08	29.25	2:32:10	5:12	7	30:15	42	40:53
Lap 10	3.25	20:02	6:09	7	4:42	74	7:12	32.50	2:52:12	5:17	7	34:57	45	48:05
Lap 11	3.25	21:28	6:36	7	6:05	80	7:58	35.75	3:13:40	5:25	7	41:02	50	56:03
Lap 12	3.25	21:47	6:42	6	5:57	79	7:50	39.00	3:35:27	5:31	7	46:59	56	1:03:53
Last lap Finish	3.25	21:16	6:32	6	5:59	79	7:24	42.25	3:56:43	5:36	7	52:54	56	1:10:54