



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

GÜNTHER, Daniel

Club: -

Number: 56

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 48:59

Speed: 11.02 km/h

Running performance: 5:01 min/km

Rank in course/Total: 53 (of 215)

Rank in course/Men: 49 (of 134)

Best time in course: 36:45

Rank in category: 5(of 14)

Best time in the category: 42:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	15:29	4:45	6	1:50	49	3:57	3.25	15:29	4:45	6	1:50	49	3:57
Lap 2	3.25	16:59	5:13	6	2:31	56	4:24	6.50	32:28	4:59	6	4:21	53	8:13
Last lap Finish	3.25	16:31	5:04	4	2:04	46	4:02	9.75	48:59	5:01	5	6:25	49	12:14