



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHÜTZE, Henrik

Club: Ehepaar Schütze

Number: 788

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 3:58:45

Speed: 10.55 km/h

Running performance: 5:39 min/km

Rank in course/Total: 65 (of 168)

Rank in course/Men: 60 (of 144)

Best time in course: 2:45:49

Rank in category: 9(of 26)

Best time in the category: 2:51:32

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:24	5:39	16	6:18	106	7:30	3.25	18:24	5:39	16	6:18	106	7:30
Lap 2	3.25	17:57	5:31	14	5:22	95	6:10	6.50	36:21	5:35	15	11:40	100	13:40
Lap 3	3.25	18:11	5:35	14	5:24	91	5:46	9.75	54:32	5:35	15	17:04	99	19:26
Lap 4	3.25	18:12	5:35	17	5:19	91	5:35	13.00	1:12:44	5:35	14	22:23	94	25:01
Lap 5	3.25	18:41	5:44	17	5:50	95	6:21	16.25	1:31:25	5:37	14	28:13	92	31:22
Lap 6	3.25	18:34	5:42	15	5:53	86	6:10	19.50	1:49:59	5:38	14	34:06	90	37:32
Lap 7	3.25	18:34	5:42	12	5:45	74	5:46	22.75	2:08:33	5:39	15	39:51	89	43:18
Lap 8	3.25	18:39	5:44	11	5:26	66	5:50	26.00	2:27:12	5:39	14	45:17	85	49:08
Lap 9	3.25	18:29	5:41	7	5:21	52	5:21	29.25	2:45:41	5:39	11	50:38	79	54:24
Lap 10	3.25	18:31	5:41	5	5:01	46	5:41	32.50	3:04:12	5:40	10	55:39	74	1:00:05
Lap 11	3.25	18:03	5:33	5	4:00	36	4:33	35.75	3:22:15	5:39	10	59:39	66	1:04:38
Lap 12	3.25	18:20	5:38	5	4:04	37	4:23	39.00	3:40:35	5:39	9	1:03:36	61	1:09:01
Last lap Finish	3.25	18:10	5:35	6	3:58	39	4:18	42.25	3:58:45	5:39	9	1:07:13	60	1:12:56