



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HEDDERICH, Timo

Club: LG Fastflitzer Osterwald

Number: 664

Course: 42.25 km

Marathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 4:03:14

Speed: 10.36 km/h

Running performance: 5:46 min/km

Rank in course/Total: 71 (of 168)

Rank in course/Men: 66 (of 144)

Best time in course: 2:45:49

Rank in category: 14(of 15)

Best time in the category: 2:45:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	3.25	17:09	5:16	15	6:15	74	6:15	3.25	17:09	5:16	15	6:15	74	6:15
Lap 2	3.25	16:50	5:10	14	5:03	60	5:03	6.50	33:59	5:13	15	11:18	72	11:18
Lap 3	3.25	16:59	5:13	14	4:34	64	4:34	9.75	50:58	5:13	14	15:52	67	15:52
Lap 4	3.25	17:08	5:16	13	4:31	62	4:31	13.00	1:08:06	5:14	14	20:23	64	20:23
Lap 5	3.25	17:27	5:22	13	5:07	63	5:07	16.25	1:25:33	5:15	14	25:30	61	25:30
Lap 6	3.25	18:05	5:33	14	5:41	74	5:41	19.50	1:43:38	5:18	14	31:11	64	31:11
Lap 7	3.25	17:28	5:22	13	4:40	51	4:40	22.75	2:01:06	5:19	14	35:51	59	35:51
Lap 8	3.25	18:10	5:35	13	5:21	58	5:21	26.00	2:19:16	5:21	13	41:12	61	41:12
Lap 9	3.25	18:53	5:48	13	5:40	61	5:45	29.25	2:38:09	5:24	13	46:52	58	46:52
Lap 10	3.25	19:41	6:03	13	6:51	66	6:51	32.50	2:57:50	5:28	13	53:43	60	53:43
Lap 11	3.25	20:49	6:24	13	7:19	69	7:19	35.75	3:18:39	5:33	13	1:01:02	62	1:01:02
Lap 12	3.25	22:31	6:55	14	8:34	90	8:34	39.00	3:41:10	5:40	13	1:09:36	62	1:09:36
Last lap Finish	3.25	22:04	6:47	13	7:49	85	8:12	42.25	4:03:14	5:45	14	1:17:25	66	1:17:25