



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

HARALDSON, Torsten

Club: Team Astarot

Number: 660

Course: 42.25 km

Marathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 4:04:16

Speed: 10.32 km/h

Running performance: 5:47 min/km

Rank in course/Total: 73 (of 168)

Rank in course/Men: 68 (of 144)

Best time in course: 2:45:49

Rank in category: 12(of 25)

Best time in the category: 3:13:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:29	5:41	19	4:34	108	7:35	3.25	18:29	5:41	19	4:34	108	7:35
Lap 2	3.25	17:47	5:28	18	4:07	92	6:00	6.50	36:16	5:34	19	8:41	99	13:35
Lap 3	3.25	17:39	5:25	14	3:54	77	5:14	9.75	53:55	5:31	18	12:35	92	18:49
Lap 4	3.25	17:43	5:27	14	3:40	78	5:06	13.00	1:11:38	5:30	17	16:15	87	23:55
Lap 5	3.25	17:47	5:28	11	3:20	73	5:27	16.25	1:29:25	5:30	17	19:35	86	29:22
Lap 6	3.25	17:56	5:31	12	3:37	69	5:32	19.50	1:47:21	5:30	17	23:12	85	34:54
Lap 7	3.25	18:31	5:41	12	4:10	73	5:43	22.75	2:05:52	5:31	16	27:22	83	40:37
Lap 8	3.25	18:35	5:43	11	4:05	63	5:46	26.00	2:24:27	5:33	14	31:27	78	46:23
Lap 9	3.25	19:04	5:51	12	4:09	63	5:56	29.25	2:43:31	5:35	14	35:36	75	52:14
Lap 10	3.25	20:00	6:09	12	4:35	70	7:10	32.50	3:03:31	5:38	13	39:54	73	59:24
Lap 11	3.25	19:41	6:03	11	4:07	59	6:11	35.75	3:23:12	5:41	12	43:23	69	1:05:35
Lap 12	3.25	20:17	6:14	12	4:50	58	6:20	39.00	3:43:29	5:43	12	46:53	66	1:11:55
Last lap Finish	3.25	20:47	6:23	14	6:01	76	6:55	42.25	4:04:16	5:46	12	50:48	68	1:18:27