



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

CIMANDER, Robert

Club: Ultra SPORTS Team Pirate Dirt Department
Number: 623

Course: 42.25 km
Marathon

Category:
Senioren M50 (50-54 Jahre)

Total time: 4:06:49

Speed: 10.21 km/h

Running performance: 5:50 min/km

Rank in course/Total: 74 (of 168)

Rank in course/Men: 69 (of 144)

Best time in course: 2:45:49

Rank in category: 13(of 25)

Best time in the category: 3:13:28

Intermediate times

Stage score

Total ranking

Control	Split		Split min/km	Pos Cat.	Behind Cat.	Pos		Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
	km	Time				Men	Men								
Lap 1	3.25	16:04	4:56	8	2:09	47	5:10	3.25	16:04	4:56	8	2:09	47	5:10	
Lap 2	3.25	16:32	5:05	8	2:52	53	4:45	6.50	32:36	5:00	8	5:01	47	9:55	
Lap 3	3.25	16:32	5:05	8	2:47	47	4:07	9.75	49:08	5:02	8	7:48	45	14:02	
Lap 4	3.25	17:27	5:22	13	3:24	75	4:50	13.00	1:06:35	5:07	8	11:12	48	18:52	
Lap 5	3.25	18:14	5:36	13	3:47	79	5:54	16.25	1:24:49	5:13	8	14:59	59	24:46	
Lap 6	3.25	18:13	5:36	15	3:54	78	5:49	19.50	1:43:02	5:17	9	18:53	59	30:35	
Lap 7	3.25	18:47	5:46	13	4:26	82	5:59	22.75	2:01:49	5:21	10	23:19	66	36:34	
Lap 8	3.25	19:47	6:05	14	5:17	84	6:58	26.00	2:21:36	5:26	11	28:36	71	43:32	
Lap 9	3.25	19:32	6:00	13	4:37	66	6:24	29.25	2:41:08	5:30	12	33:13	68	49:51	
Lap 10	3.25	21:10	6:30	15	5:45	86	8:20	32.50	3:02:18	5:36	12	38:41	69	58:11	
Lap 11	3.25	22:50	7:01	16	7:16	97	9:20	35.75	3:25:08	5:44	13	45:19	72	1:07:31	
Lap 12	3.25	21:33	6:37	16	6:06	75	7:36	39.00	3:46:41	5:48	13	50:05	72	1:15:07	
Last lap Finish	3.25	20:08	6:11	13	5:22	66	6:16	42.25	4:06:49	5:50	13	53:21	69	1:21:00	