



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

LUKSCH, Marcus

Club: -

Number: 718

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:07:08

Speed: 10.26 km/h

Running performance: 5:51 min/km

Rank in course/Total: 75 (of 168)

Rank in course/Men: 70 (of 144)

Best time in course: 2:45:49

Rank in category: 16(of 29)

Best time in the category: 2:56:23

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|-----------------|-------|-------|--------|------|------|--------|------|-------|---------|--------|------|---------|--------|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Lap 1 | 3.25 | 20:03 | 6:10 | 26 | 7:06 | 130 | 9:09 | 3.25 | 20:03 | 6:10 | 26 | 7:06 | 130 | 9:09 |
| Lap 2 | 3.25 | 21:37 | 6:39 | 28 | 8:37 | 142 | 9:50 | 6.50 | 41:40 | 6:24 | 27 | 15:43 | 138 | 18:59 |
| Lap 3 | 3.25 | 18:06 | 5:34 | 22 | 5:00 | 89 | 5:41 | 9.75 | 59:46 | 6:07 | 25 | 20:43 | 124 | 24:40 |
| Lap 4 | 3.25 | 18:26 | 5:40 | 21 | 4:48 | 96 | 5:49 | 13.00 | 1:18:12 | 6:00 | 24 | 25:31 | 114 | 30:29 |
| Lap 5 | 3.25 | 18:35 | 5:43 | 21 | 4:56 | 93 | 6:15 | 16.25 | 1:36:47 | 5:57 | 23 | 30:27 | 111 | 36:44 |
| Lap 6 | 3.25 | 18:31 | 5:41 | 20 | 4:50 | 85 | 6:07 | 19.50 | 1:55:18 | 5:54 | 23 | 35:17 | 107 | 42:51 |
| Lap 7 | 3.25 | 18:43 | 5:45 | 19 | 5:17 | 79 | 5:55 | 22.75 | 2:14:01 | 5:53 | 23 | 40:34 | 103 | 48:46 |
| Lap 8 | 3.25 | 18:55 | 5:49 | 18 | 5:21 | 69 | 6:06 | 26.00 | 2:32:56 | 5:52 | 22 | 45:55 | 100 | 54:52 |
| Lap 9 | 3.25 | 18:40 | 5:44 | 15 | 5:13 | 56 | 5:32 | 29.25 | 2:51:36 | 5:51 | 21 | 51:08 | 94 | 1:00:19 |
| Lap 10 | 3.25 | 19:00 | 5:50 | 15 | 5:22 | 55 | 6:10 | 32.50 | 3:10:36 | 5:51 | 19 | 56:30 | 88 | 1:06:29 |
| Lap 11 | 3.25 | 18:39 | 5:44 | 11 | 4:28 | 42 | 5:09 | 35.75 | 3:29:15 | 5:51 | 19 | 1:00:58 | 82 | 1:11:38 |
| Lap 12 | 3.25 | 18:36 | 5:43 | 10 | 4:22 | 40 | 4:39 | 39.00 | 3:47:51 | 5:50 | 17 | 1:05:20 | 74 | 1:16:17 |
| Last lap Finish | 3.25 | 19:17 | 5:56 | 11 | 5:25 | 51 | 5:25 | 42.25 | 4:07:08 | 5:50 | 16 | 1:10:45 | 70 | 1:21:19 |