



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHWARZ, Alfred

Club: Wildeshauser Lauftreff / TEA

Number: 789

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:07:36

Speed: 10.18 km/h

Running performance: 5:52 min/km

Rank in course/Total: 77 (of 168)

Rank in course/Men: 72 (of 144)

Best time in course: 2:45:49

Rank in category: 8(of 20)

Best time in the category: 3:22:45

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:13	5:17	10	2:08	77	6:19	3.25	17:13	5:17	10	2:08	77	6:19
Lap 2	3.25	15:47	4:51	2	0:51	34	4:00	6.50	33:00	5:04	3	2:59	51	10:19
Lap 3	3.25	15:49	4:51	2	0:49	33	3:24	9.75	48:49	5:00	2	3:48	42	13:43
Lap 4	3.25	16:24	5:02	2	1:21	36	3:47	13.00	1:05:13	5:00	2	5:09	43	17:30
Lap 5	3.25	17:27	5:22	7	2:22	63	5:07	16.25	1:22:40	5:05	2	7:31	45	22:37
Lap 6	3.25	17:55	5:30	6	2:28	68	5:31	19.50	1:40:35	5:09	2	9:59	45	28:08
Lap 7	3.25	18:13	5:36	8	2:50	68	5:25	22.75	1:58:48	5:13	4	12:49	53	33:33
Lap 8	3.25	19:48	6:05	12	3:55	85	6:59	26.00	2:18:36	5:19	4	16:44	56	40:32
Lap 9	3.25	21:16	6:32	15	5:40	93	8:08	29.25	2:39:52	5:27	6	22:24	64	48:35
Lap 10	3.25	22:00	6:46	15	5:36	95	9:10	32.50	3:01:52	5:35	8	28:00	68	57:45
Lap 11	3.25	21:32	6:37	13	5:17	81	8:02	35.75	3:23:24	5:41	8	33:17	70	1:05:47
Lap 12	3.25	21:54	6:44	11	5:36	80	7:57	39.00	3:45:18	5:46	8	38:53	70	1:13:44
Last lap Finish	3.25	22:18	6:51	12	6:23	88	8:26	42.25	4:07:36	5:51	8	44:51	72	1:21:47