



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

SCHULER, Ingrid

Club: SV Birkenhard

Number: 787

Course: 42.25 km

Marathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 4:11:42

Speed: 10.01 km/h

Running performance: 5:58 min/km

Rank in course/Total: 86 (of 168)

Rank in course/Women: 7 (of 24)

Best time in course: 3:38:45

Rank in category: 1(of 6)

Best time in the category: 4:11:42

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | | | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.25 | 17:19 | 5:19 | 2 | 0:08 | 8 | 2:27 | 3.25 | 17:19 | 5:19 | 2 | 0:08 | 8 | 2:27 |
| Lap 2 | 3.25 | 17:49 | 5:28 | 1 | - | 8 | 2:26 | 6.50 | 35:08 | 5:24 | 2 | 0:02 | 9 | 4:53 |
| Lap 3 | 3.25 | 17:45 | 5:27 | 1 | - | 7 | 2:11 | 9.75 | 52:53 | 5:25 | 1 | - | 8 | 7:04 |
| Lap 4 | 3.25 | 18:23 | 5:39 | 2 | 0:11 | 9 | 2:23 | 13.00 | 1:11:16 | 5:28 | 1 | - | 8 | 9:27 |
| Lap 5 | 3.25 | 18:35 | 5:43 | 1 | - | 8 | 2:39 | 16.25 | 1:29:51 | 5:31 | 1 | - | 8 | 11:35 |
| Lap 6 | 3.25 | 18:59 | 5:50 | 1 | - | 7 | 2:21 | 19.50 | 1:48:50 | 5:34 | 1 | - | 8 | 13:40 |
| Lap 7 | 3.25 | 19:22 | 5:57 | 1 | - | 8 | 2:48 | 22.75 | 2:08:12 | 5:38 | 1 | - | 8 | 16:28 |
| Lap 8 | 3.25 | 19:46 | 6:04 | 1 | - | 8 | 3:06 | 26.00 | 2:27:58 | 5:41 | 1 | - | 8 | 19:34 |
| Lap 9 | 3.25 | 20:18 | 6:14 | 1 | - | 7 | 3:37 | 29.25 | 2:48:16 | 5:45 | 1 | - | 6 | 22:39 |
| Lap 10 | 3.25 | 20:57 | 6:26 | 1 | - | 7 | 4:20 | 32.50 | 3:09:13 | 5:49 | 1 | - | 7 | 25:33 |
| Lap 11 | 3.25 | 20:56 | 6:26 | 1 | - | 6 | 3:29 | 35.75 | 3:30:09 | 5:52 | 1 | - | 6 | 27:13 |
| Lap 12 | 3.25 | 21:03 | 6:28 | 1 | - | 7 | 2:48 | 39.00 | 3:51:12 | 5:55 | 1 | - | 6 | 29:29 |
| Last lap Finish | 3.25 | 20:30 | 6:18 | 1 | - | 7 | 3:28 | 42.25 | 4:11:42 | 5:57 | 1 | - | 7 | 32:57 |