



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

GERSTMAYER, Simone

Club: Theisauer Hot-Legs

Number: 647

Course: 42.25 km

Marathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 4:13:10

Speed: 10.01 km/h

Running performance: 5:59 min/km

Rank in course/Total: 88 (of 168)

Rank in course/Women: 9 (of 24)

Best time in course: 3:38:45

Rank in category: 1(of 4)

Best time in the category: 4:13:10

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	16:39	5:07	1	-	6	1:47	3.25	16:39	5:07	1	-	6	1:47
Lap 2	3.25	16:44	5:08	1	-	3	1:21	6.50	33:23	5:08	1	-	5	3:08
Lap 3	3.25	18:06	5:34	1	-	8	2:32	9.75	51:29	5:16	1	-	6	5:40
Lap 4	3.25	18:30	5:41	1	-	10	2:30	13.00	1:09:59	5:23	1	-	7	8:10
Lap 5	3.25	18:23	5:39	1	-	7	2:27	16.25	1:28:22	5:26	1	-	7	10:06
Lap 6	3.25	19:16	5:55	1	-	9	2:38	19.50	1:47:38	5:31	1	-	7	12:28
Lap 7	3.25	20:00	6:09	2	0:01	11	3:26	22.75	2:07:38	5:36	1	-	7	15:54
Lap 8	3.25	19:50	6:06	1	-	9	3:10	26.00	2:27:28	5:40	1	-	7	19:04
Lap 9	3.25	20:49	6:24	1	-	8	4:08	29.25	2:48:17	5:45	1	-	8	22:40
Lap 10	3.25	21:14	6:31	1	-	9	4:37	32.50	3:09:31	5:49	1	-	9	25:51
Lap 11	3.25	21:27	6:35	1	-	8	4:00	35.75	3:30:58	5:54	1	-	8	28:02
Lap 12	3.25	21:15	6:32	1	-	9	3:00	39.00	3:52:13	5:57	1	-	9	30:30
Last lap Finish	3.25	20:57	6:26	1	-	9	3:55	42.25	4:13:10	5:59	1	-	9	34:25