



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

RYGAL, Libor

Club: SK MAXTRI LIBEREC

Number: 771

Course: 42.25 km

Marathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 4:20:49

Speed: 9.66 km/h

Running performance: 6:10 min/km

Rank in course/Total: 97 (of 168)

Rank in course/Men: 88 (of 144)

Best time in course: 2:45:49

Rank in category: 13(of 20)

Best time in the category: 3:22:45

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	17:16	5:18	11	2:11	79	6:22	3.25	17:16	5:18	11	2:11	79	6:22
Lap 2	3.25	17:54	5:30	12	2:58	93	6:07	6.50	35:10	5:24	11	5:09	88	12:29
Lap 3	3.25	18:19	5:38	12	3:19	96	5:54	9.75	53:29	5:29	11	8:28	90	18:23
Lap 4	3.25	18:36	5:43	13	3:33	99	5:59	13.00	1:12:05	5:32	11	12:01	89	24:22
Lap 5	3.25	18:53	5:48	13	3:48	98	6:33	16.25	1:30:58	5:35	12	15:49	91	30:55
Lap 6	3.25	19:08	5:53	13	3:41	94	6:44	19.50	1:50:06	5:38	12	19:30	91	37:39
Lap 7	3.25	19:44	6:04	12	4:21	94	6:56	22.75	2:09:50	5:42	12	23:51	91	44:35
Lap 8	3.25	20:20	6:15	13	4:27	92	7:31	26.00	2:30:10	5:46	13	28:18	92	52:06
Lap 9	3.25	20:24	6:16	12	4:48	78	7:16	29.25	2:50:34	5:49	13	33:06	92	59:17
Lap 10	3.25	21:46	6:41	14	5:22	90	8:56	32.50	3:12:20	5:55	13	38:28	91	1:08:13
Lap 11	3.25	21:57	6:45	14	5:42	85	8:27	35.75	3:34:17	5:59	13	44:10	89	1:16:40
Lap 12	3.25	22:47	7:00	13	6:29	94	8:50	39.00	3:57:04	6:04	13	50:39	87	1:25:30
Last lap Finish	3.25	23:45	7:18	16	7:50	108	9:53	42.25	4:20:49	6:10	13	58:04	88	1:35:00