



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

ZIN, Manuel

Club: SV Neptun Waldbrunn

Number: 832

Course: 42.25 km

Marathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 4:24:33

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course/Total: 102 (of 168)

Rank in course/Men: 92 (of 144)

Best time in course: 2:45:49

Rank in category: 17(of 26)

Best time in the category: 2:51:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:44	5:08	11	4:38	68	5:50	3.25	16:44	5:08	11	4:38	68	5:50
Lap 2	3.25	17:01	5:14	12	4:26	70	5:14	6.50	33:45	5:11	11	9:04	65	11:04
Lap 3	3.25	16:56	5:12	9	4:09	62	4:31	9.75	50:41	5:11	11	13:13	66	15:35
Lap 4	3.25	17:16	5:18	10	4:23	67	4:39	13.00	1:07:57	5:13	10	17:36	63	20:14
Lap 5	3.25	17:41	5:26	10	4:50	71	5:21	16.25	1:25:38	5:16	9	22:26	65	25:35
Lap 6	3.25	18:08	5:34	11	5:27	76	5:44	19.50	1:43:46	5:19	8	27:53	66	31:19
Lap 7	3.25	18:44	5:45	15	5:55	81	5:56	22.75	2:02:30	5:23	9	33:48	71	37:15
Lap 8	3.25	20:50	6:24	18	7:37	97	8:01	26.00	2:23:20	5:30	10	41:25	75	45:16
Lap 9	3.25	21:21	6:34	16	8:13	94	8:13	29.25	2:44:41	5:37	10	49:38	77	53:24
Lap 10	3.25	22:43	6:59	19	9:13	104	9:53	32.50	3:07:24	5:45	13	58:51	80	1:03:17
Lap 11	3.25	24:41	7:35	18	10:38	109	11:11	35.75	3:32:05	5:55	15	1:09:29	86	1:14:28
Lap 12	3.25	26:09	8:02	22	11:53	121	12:12	39.00	3:58:14	6:06	16	1:21:15	89	1:26:40
Last lap Finish	3.25	26:19	8:05	22	12:07	124	12:27	42.25	4:24:33	6:15	17	1:33:01	92	1:38:44