



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BOLM, Thomas

Club: VFL Tegel 1891 e.V.

Number: 615

Course: 42.25 km

Marathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 4:27:27

Speed: 9.42 km/h

Running performance: 6:20 min/km

Rank in course/Total: 109 (of 168)

Rank in course/Men: 98 (of 144)

Best time in course: 2:45:49

Rank in category: 6(of 13)

Best time in the category: 3:40:45

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:31	6:00	8	5:39	118	8:37	3.25	19:31	6:00	8	5:39	118	8:37
Lap 2	3.25	18:11	5:35	6	3:44	100	6:24	6.50	37:42	5:48	8	9:23	111	15:01
Lap 3	3.25	19:01	5:51	7	4:06	105	6:36	9.75	56:43	5:49	7	13:29	105	21:37
Lap 4	3.25	19:30	6:00	7	4:24	112	6:53	13.00	1:16:13	5:51	7	17:53	111	28:30
Lap 5	3.25	19:22	5:57	5	4:01	102	7:02	16.25	1:35:35	5:52	7	21:54	107	35:32
Lap 6	3.25	19:51	6:06	6	3:36	103	7:27	19.50	1:55:26	5:55	7	25:30	108	42:59
Lap 7	3.25	20:17	6:14	5	4:03	99	7:29	22.75	2:15:43	5:57	7	29:33	105	50:28
Lap 8	3.25	20:51	6:24	5	3:26	99	8:02	26.00	2:36:34	6:01	6	32:59	104	58:30
Lap 9	3.25	21:35	6:38	5	3:28	99	8:27	29.25	2:58:09	6:05	6	36:27	104	1:06:52
Lap 10	3.25	21:51	6:43	5	2:47	91	9:01	32.50	3:20:00	6:09	6	39:14	103	1:15:53
Lap 11	3.25	22:35	6:56	6	3:28	95	9:05	35.75	3:42:35	6:13	6	42:42	99	1:24:58
Lap 12	3.25	22:22	6:52	4	2:04	87	8:25	39.00	4:04:57	6:16	6	44:46	97	1:33:23
Last lap Finish	3.25	22:30	6:55	7	2:03	91	8:38	42.25	4:27:27	6:19	6	46:42	98	1:41:38