



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

PAUL, Michelle

Club: Team MaRaLeMi

Number: 206

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 49:06

Speed: 11.91 km/h

Running performance: 5:02 min/km

Rank in course/Total: 58 (of 215)

Rank in course/Women: 5 (of 81)

Best time in course: 41:42

Rank in category: 1(of 12)

Best time in the category: 49:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	15:33	4:47	1	-	5	2:09	3.25	15:33	4:47	1	-	5	2:09
Lap 2	3.25	16:54	5:11	2	0:17	8	2:59	6.50	32:27	4:59	1	-	5	5:08
Last lap Finish	3.25	16:39	5:07	1	-	6	2:16	9.75	49:06	5:02	1	-	6	29:53