



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

MEHLHORN, Marco

Club: Team Werbefactory

Number: 726

Course: 42.25 km

Marathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 4:36:31

Speed: 9.11 km/h

Running performance: 6:32 min/km

Rank in course/Total: 123 (of 168)

Rank in course/Men: 112 (of 144)

Best time in course: 2:45:49

Rank in category: 23(of 29)

Best time in the category: 2:56:23

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	16:27	5:03	12	3:30	58	5:33	3.25	16:27	5:03	12	3:30	58	5:33
Lap 2	3.25	17:13	5:17	17	4:13	78	5:26	6.50	33:40	5:10	15	7:43	64	10:59
Lap 3	3.25	17:54	5:30	20	4:48	84	5:29	9.75	51:34	5:17	18	12:31	75	16:28
Lap 4	3.25	18:49	5:47	23	5:11	100	6:12	13.00	1:10:23	5:24	19	17:42	83	22:40
Lap 5	3.25	19:17	5:56	23	5:38	101	6:57	16.25	1:29:40	5:31	20	23:20	87	29:37
Lap 6	3.25	19:59	6:08	22	6:18	105	7:35	19.50	1:49:39	5:37	20	29:38	89	37:12
Lap 7	3.25	20:34	6:19	23	7:08	105	7:46	22.75	2:10:13	5:43	21	36:46	93	44:58
Lap 8	3.25	22:17	6:51	24	8:43	116	9:28	26.00	2:32:30	5:51	21	45:29	99	54:26
Lap 9	3.25	24:36	7:34	26	11:09	123	11:28	29.25	2:57:06	6:03	23	56:38	102	1:05:49
Lap 10	3.25	23:51	7:20	23	10:13	112	11:01	32.50	3:20:57	6:10	22	1:06:51	104	1:16:50
Lap 11	3.25	25:19	7:47	24	11:08	117	11:49	35.75	3:46:16	6:19	22	1:17:59	109	1:28:39
Lap 12	3.25	25:05	7:43	24	10:51	113	11:08	39.00	4:11:21	6:26	23	1:28:50	110	1:39:47
Last lap Finish	3.25	25:10	7:44	24	11:18	113	11:18	42.25	4:36:31	6:32	23	1:40:08	112	1:50:42