



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**KRÜGER, Doris**

Club: -

Number: 710

Course: 42.25 km

Marathon

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 4:40:21

Speed: 8.99 km/h

Running performance: 6:38 min/km

Rank in course/Total: 125 (of 168)

Rank in course/Women: 12 (of 24)

Best time in course: 3:38:45

Rank in category: 2(of 3)

Best time in the category: 4:10:10

### Intermediate times

### Stage score

### Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	3.25	17:34	5:24	1	-	9	2:42	3.25	17:34	5:24	1	-	9	2:42
Lap 2	3.25	18:13	5:36	2	0:01	12	2:50	6.50	35:47	5:30	1	-	10	5:32
Lap 3	3.25	19:05	5:52	2	0:01	12	3:31	9.75	54:52	5:37	2	0:01	11	9:03
Lap 4	3.25	19:24	5:58	2	1:08	12	3:24	13.00	1:14:16	5:42	2	1:09	12	12:27
Lap 5	3.25	21:20	6:33	2	1:52	18	5:24	16.25	1:35:36	5:52	2	3:01	12	17:20
Lap 6	3.25	22:04	6:47	2	1:53	20	5:26	19.50	1:57:40	6:02	2	4:54	12	22:30
Lap 7	3.25	23:23	7:11	2	4:35	21	6:49	22.75	2:21:03	6:12	2	9:29	13	29:19
Lap 8	3.25	22:13	6:50	2	3:43	14	5:33	26.00	2:43:16	6:16	2	13:12	12	34:52
Lap 9	3.25	23:24	7:11	2	3:36	17	6:43	29.25	3:06:40	6:22	2	16:48	13	41:03
Lap 10	3.25	24:44	7:36	3	5:33	20	8:07	32.50	3:31:24	6:30	2	22:21	13	47:44
Lap 11	3.25	22:24	6:53	1	-	10	4:57	35.75	3:53:48	6:32	2	22:20	12	50:52
Lap 12	3.25	23:57	7:22	2	3:54	15	5:42	39.00	4:17:45	6:36	2	26:14	12	56:02
Last lap Finish	3.25	22:36	6:57	2	3:57	15	5:34	42.25	4:40:21	6:38	2	30:11	12	1:01:36