



# 12. Kristall-Marathon

Merkers / 18.02.2018

## Detailed evaluation

**HENSCHEL, Alexander**

Club: Haynröder Carnevalclub 1999 e.V.

Number: 668

Course: 42.25 km

Marathon

Category:

Männer (20-29 Jahre)

Total time: 4:41:15

Speed: 8.96 km/h

Running performance: 6:40 min/km

Rank in course/Total: 126 (of 168)

Rank in course/Men: 114 (of 144)

Best time in course: 2:45:49

Rank in category: 4(of 5)

Best time in the category: 3:28:16

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	18:20	5:38	4	4:13	105	7:26	3.25	18:20	5:38	4	4:13	105	7:26
Lap 2	3.25	18:55	5:49	4	4:58	109	7:08	6.50	37:15	5:43	4	9:11	107	14:34
Lap 3	3.25	19:34	6:01	4	5:17	116	7:09	9.75	56:49	5:49	4	14:28	107	21:43
Lap 4	3.25	20:01	6:09	4	5:40	116	7:24	13.00	1:16:50	5:54	4	20:08	112	29:07
Lap 5	3.25	20:39	6:21	5	5:49	119	8:19	16.25	1:37:29	5:59	4	25:17	112	37:26
Lap 6	3.25	20:44	6:22	5	5:22	116	8:20	19.50	1:58:13	6:03	4	29:37	113	45:46
Lap 7	3.25	21:30	6:36	5	5:31	118	8:42	22.75	2:19:43	6:08	4	34:38	111	54:28
Lap 8	3.25	22:46	7:00	4	6:15	121	9:57	26.00	2:42:29	6:14	4	40:53	113	1:04:25
Lap 9	3.25	25:45	7:55	4	9:29	133	12:37	29.25	3:08:14	6:26	4	50:22	119	1:16:57
Lap 10	3.25	26:02	8:00	4	7:59	129	13:12	32.50	3:34:16	6:35	4	58:21	119	1:30:09
Lap 11	3.25	25:50	7:56	4	7:43	126	12:20	35.75	4:00:06	6:42	4	1:06:04	121	1:42:29
Lap 12	3.25	21:56	6:44	3	3:56	81	7:59	39.00	4:22:02	6:43	4	1:10:00	117	1:50:28
Last lap Finish	3.25	19:13	5:54	2	2:59	48	5:21	42.25	4:41:15	6:39	4	1:12:59	114	1:55:26