



12. Kristall-Marathon

Merkers / 18.02.2018

Detailed evaluation

BERGMANN, Janette

Club: Team Pinki & Brain

Number: 611

Course: 42.25 km

Marathon

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 4:42:26

Speed: 8.98 km/h

Running performance: 6:41 min/km

Rank in course/Total: 129 (of 168)

Rank in course/Women: 14 (of 24)

Best time in course: 3:38:45

Rank in category: 3(of 4)

Best time in the category: 4:13:10

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:20	6:15	4	3:41	21	5:28	3.25	20:20	6:15	4	3:41	21	5:28
Lap 2	3.25	20:38	6:20	3	3:54	17	5:15	6.50	40:58	6:18	3	7:35	20	10:43
Lap 3	3.25	20:43	6:22	3	2:37	19	5:09	9.75	1:01:41	6:19	3	10:12	19	15:52
Lap 4	3.25	20:27	6:17	3	1:57	15	4:27	13.00	1:22:08	6:19	3	12:09	19	20:19
Lap 5	3.25	20:30	6:18	3	2:07	12	4:34	16.25	1:42:38	6:18	3	14:16	17	24:22
Lap 6	3.25	20:11	6:12	3	0:55	11	3:33	19.50	2:02:49	6:17	3	15:11	16	27:39
Lap 7	3.25	20:37	6:20	3	0:38	12	4:03	22.75	2:23:26	6:18	3	15:48	14	31:42
Lap 8	3.25	20:49	6:24	2	0:59	11	4:09	26.00	2:44:15	6:19	3	16:47	14	35:51
Lap 9	3.25	22:02	6:46	2	1:13	11	5:21	29.25	3:06:17	6:22	3	18:00	12	40:40
Lap 10	3.25	24:13	7:27	3	2:59	17	7:36	32.50	3:30:30	6:28	3	20:59	12	46:50
Lap 11	3.25	23:56	7:21	3	2:29	17	6:29	35.75	3:54:26	6:33	3	23:28	13	51:30
Lap 12	3.25	24:23	7:30	3	3:08	16	6:08	39.00	4:18:49	6:38	3	26:36	13	57:06
Last lap Finish	3.25	23:37	7:15	3	2:40	17	6:35	42.25	4:42:26	6:41	3	29:16	14	1:03:41